

FULBRIGHT LEADERS FOR GLOBAL SCHOOLS

MARCH 7-16, 2019

Helsinki, Espoo, Jyväskylä and Vantaa,
Finland



FULBRIGHT FINLAND
FOUNDATION





TERVETULOA!

We are so pleased to welcome you to Finland on the inaugural *Fulbright Leaders for Global Schools* program!

Education is a strategic focus area for Finland and for the Fulbright Finland Foundation. We are excited to have designed a program specifically for U.S. K-12 education administrators. The intensive 10-day program facilitates the sharing of best practices between U.S. and Finnish education administrators and educators, and supports the dialogue that addresses innovations in school leadership.

The program will begin in the capital city Helsinki with briefings and strategic discussions providing the background and framework of the Finnish education system and school leadership. In addition to school visits in Helsinki, Vantaa, and Jyväskylä, you will see the historic Seminarium Hall at the University of Jyväskylä where Finnish teacher education first started. It will serve as the setting for reflection and discussion on current educational leadership practices in Finland and the U.S. The Heureka

Science Center, on the other hand, provides an example of the new and diverse learning environments that play a critical role in the Finnish curricula.

Finnish education is rooted in the values and culture of our society. The program will shed light onto the cultural and societal elements that contribute to our education system. Finns have a close relationship with nature. “Nature schools,” phenomenon-based learning and even school recess bring the natural environment closer to students and highlight the wellbeing that the beautiful natural settings can provide for everyone. We invite you to experience the nature school at the Nuuksio National Park in Espoo, relax in the sauna, even try ice-swimming in the Baltic sea.

Timely themes in education are covered in two Fulbright Finland Foundation seminars. *2019 Fulbright Forum: Education, Innovation, Science and Art* explores Biotechnology, Career Pathways from Secondary Education to the Workplace in Finland, Phenomenon-Based



Learning, and many more topics introduced by our current American Fulbright scholars, teachers, and students in Finland. A special Fulbright seminar, *Truth Matters: Strategies for Combating Manipulated Realities*, addresses disinformation, media literacy, and fact-checking, and it takes place at Oodi, the brand new Helsinki Central Library that describes itself as not just a library but as “your interface to everything”.

A key strength of the Fulbright Finland Foundation is the strategic engagement of the alumni. During the seminars and networking receptions, we invite you to reflect on your observations with your fellow U.S. Fulbright grantees, with Finnish Fulbright alumni, as well as with Fulbright alumni from all of the Nordic and Baltic countries that the Foundation is hosting during the same week in Helsinki under its special regional Nordic-Baltic initiative. And we invite all of you to continue your Fulbright experience and connections after your program by becoming an active member in

the *Friends of Fulbright Finland* (FoFF) alumni network in the U.S.

True to the Fulbright Finland spirit, the organization of this program has been a joint effort. I sincerely thank the large number of individuals and institutions whose expertise and collaboration have made the program possible. And I want to convey a special thank you to the Bureau of Educational and Cultural Affairs of the U.S. Department of State, IREX, and the incredible Fulbright Finland Foundation team!

2019 is our Foundation’s 70th anniversary year and we are celebrating it under our brand promise “*Together Shaping the Future.*” I can’t think of a better slogan to also describe the new *Fulbright Leaders for Global Schools* program.

Tervetuloa! Welcome! We invite you to immerse yourself in the Finnish experience and wish you a fruitful, productive and enjoyable program!

Terhi Mölsä
CEO, Fulbright Finland Foundation



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THURSDAY MARCH 7

16:10

Arrival at the Helsinki Airport

Mirka McIntire and Inari Ahokas will meet you at Helsinki Airport, Terminal 2, Arrivals Hall and guide you to the hotel

Hilton Helsinki Strand

Address: John Stenbergin ranta 4, Helsinki

Tel. +358 9 39351

Breakfast is included and served on

Mon-Fri: 6:30-10:00 and Sat-Sun: 7:00-11:00

19:00-20:30 Welcome Dinner at the Hilton Helsinki Strand

Venue: Ballroom

Welcome Remarks

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Elizabeth Devlin-Foltz, Senior Program Officer, Coach,

Teacher Exchange Branch, Bureau of Educational and Cultural Affairs,
U.S. Department of State



FRIDAY MARCH 8

9:30 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby to guide you to the Fulbright Finland Foundation's office

**10:00-10:10 Fulbright Finland Team Welcome and Introductions;
Kahvia ja Karjalanpiirakoita**

Address: Hakaniemenranta 6, Plaza 5th floor, Helsinki

**10:10-10:20 Introduction to the Fulbright Leaders for
Global Schools Program in Finland**

[Mirka McIntire](#), Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation

**10:20-10:50 U.S. Fulbrighters and the Fulbright Program in Finland:
What Everyone Needs to Know**

[Terhi Mölsä](#), Chief Executive Officer, Fulbright Finland Foundation

10.50-11.00 Your Role in Publicity and Outreach

[Terhi Mölsä](#), Chief Executive Officer, Fulbright Finland Foundation
[Maija Kettunen](#), Communication and Events Coordinator,
Fulbright Finland Foundation

11:00-11:15 *Välitunti* - Recess



**11:15-12:15 Panel Discussion: Finnish System of Education (K-12):
National, Municipal and School Level**

- National Framework for Finnish K-12 Education
- Role of Municipalities in Organizing Education
- Principal's Role in Finnish Schools

Panelists:

Erja Vitikka, Counsellor of Education, Finnish National Agency for Education

Salla Sissonen, Basic Education Coordinator, City of Turku

Vesa Valkila, Rector, Teacher Training School, University of Turku

Moderator:

Mirka McIntire, Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation

12:15-13:30 Lounas - Lunch at Restaurant Lasiranta

13:30-14:30 Pertinent Issues in Education Leadership in Finland

Toni Lehtinen, Organization Secretary, The Finnish Association of Principals

Agneta Torsell, Principal, Lagstads skola; Member of the Board,
The Finnish Association of Principals

14:30 Vălitunti - Recess

14:45 Afternoon Coffee



FULBRIGHT DIALOGUES - INTERNATIONAL PERSPECTIVES AND CURRENT DISCUSSIONS

In fall 2014, the Fulbright Finland Foundation launched “Fulbright Dialogues” on timely topics in collaboration with key partner institutions and organizations. These roundtable discussions last up to 75 minutes and include a brief expert introduction to the theme followed by Q&A and an open dialogue between participants. The presenters include visiting experts from the United States and Finland.

15:00

FULBRIGHT DIALOGUE: 21ST CENTURY LEADERSHIP IN SCHOOLS

A roundtable discussion to share views from Finland and the U.S. on the future needs and prospects of school leadership

- Current Challenges and Prospects in School Leadership in Finland
- How Finland Supports School Administrators
- Innovations and “Tools” in School Leadership
- Promoting Trust, Autonomy and Responsibility
- Evaluation That Supports Learning

Program:

Welcome Remarks and Introduction of the Fulbright Finland Dialogues Concept

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Briefing on Future Needs and Prospects of School Leadership in Finland

Olli-Pekka Heinonen, Director General, Finnish National Agency for Education

Q&A and Open Discussion Amongst All the Expert Participants Attending the Dialogue

Facilitator: **Mirka McIntire**, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation



Dialogue Participants:

Raisa Ahtiainen, Researcher, PhD (Ed.), Centre for Educational Assessment, University of Helsinki

Elizabeth Devlin-Foltz, Senior Program Officer, Coach, Teacher Exchange Branch, Bureau of Educational and Cultural Affairs, U.S. Department of State

Olli-Pekka Heinonen, Director General, Finnish National Agency for Education

Olli-Pekka Hiipakka, Principal, Latokaski School, Winner of National Global Education Award 2017

Tapio Lahtero, Ph.D. Title of Docent, Administrative Principal, Helsinki University Teacher Training Schools

Toni Lehtinen, Organization Secretary, The Finnish Association of Principals

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

Marja Martikainen, Principal, Helsinki University Teacher Training School in Viikki, Junior High School (grades 7-9)

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Hannu Rantala, Principal, Sibelius Upper Secondary School

Anne-Marie Rapo, Principal, Espoo International School

Salla Sissonen, Basic Education Coordinator, City of Turku

Agneta Torsell, Principal, Lagstads skola; Member of the Board, The Finnish Association of Principals

Vesa Valkila, Rector, Teacher Training School, University of Turku
Photographer: **Inari Ahokas**, Program Assistant, Fulbright Finland Foundation

16:15

Event Ends

16:40

Bus Departs for the Restaurant Kolme Kruunua

17:00

Dinner at Restaurant Kolme Kruunua

Address: Liisankatu 5, Helsinki

SATURDAY MARCH 9

- 8:50 Mirka McIntire, Inari Ahokas and Maija Kettunen will meet you in the hotel lobby
- 9:00 Bus Departs for Nuuksio National Park
- 10:00-11:00 Guided Tour of the Finnish Nature Exhibition, the Finnish Nature Centre Haltia**
Address: Nuuksiontie 84, Espoo
- 11:00-11:30 Time to Tour the Exhibition Independently and Visit the Haltia Store**
- 11:30-12:30 Lunch at Restaurant Haltia**
- 12:30-13:30 Explore the Forest - Nature School Experience**
- 13:30-14:30 Grilling Sausages by Campfire - *Nuotio***
- 14:45 Bus Departs for Löyly
- 15:45-17:30 Finnish Sauna Experience at Löyly**
Address: Hernesaarenranta 4, Helsinki
- 17:45 Bus Departs for the Hotel
- Free Evening

THREE SAUNA WORDS YOU SHOULD KNOW:

Kiuas: Sauna stove

Löyly: Steam or vapour created by throwing water on the stones of the stove or the heat, humidity and temperature in the sauna in general.

Vihta, vasta: Whisk, made of birch (or similar) twigs. Used for beating the body in the hot room to stimulate the feel of the *löyly*.

SUNDAY MARCH 10

Free Morning

12:30

Mirka McIntire and Inari Ahokas will meet you in the hotel lobby and walk to lunch

13:00

Lunch at Ateneum Bistro, Ateneum Art Museum

Address: Kaivokatu 2

14:00

Walk to the Bus Stop

14:15-16:15

City Tour of Helsinki

Tour Guide: [Raila Laine](#)

16:30

Finnish P.E. - Ice Skating 101 at Ice Park (optional)

Venue: Railway Station Square

18:00

Dinner with the U.S. Fulbrighters in Finland

Venue: Restaurant Vapiano

Address: Mikonkatu 15, Helsinki



MONDAY MARCH 11

9:15 Inari Ahokas and Heidi Tiainen will meet you in the hotel lobby

9:30 Walk to the University of Helsinki
Address: Siltavuorenpenger 3A, Athena, Room 302

2019 FULBRIGHT FORUM: EDUCATION, INNOVATION, SCIENCE AND ART

10:15-10:30 **Welcome to 2019 Fulbright Forum!**

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation
Arto Kallioniemi, Vice Dean, Faculty of Educational Sciences,
University of Helsinki

10:30-10:45 **How Less Can Be More: What Finland Can Teach the U.S.
about Cutting Homework in Humanities and Social Sciences**
Jennifer Stewart, Fulbright Distinguished Award in Teaching 2018-2019

10:45-11:00 **Exploring Biotechnology Career Pathways from
Secondary Education to the Workplace in Finland**
Joseph Oleniczak, Fulbright Distinguished Award in Teaching 2018-2019

11:00-11:45 **Panel Discussion: From the Margin to the Center:
Creating Inclusive Classrooms in the 21st Century**
Matthew Freedman, Fulbright Distinguished Award in Teaching 2018-2019
Leslie Baker, Fulbright Distinguished Award in Teaching 2018-2019
Amy Sampson, Fulbright Distinguished Award in Teaching 2018-2019

11:45-12:45 **Lunch at UniCafe Olivia**

- 12:45-13:15 Panel Discussion: Phenomenon-Based Learning, Examples from Music and Math**
[Argine Safari](#), Fulbright Distinguished Award in Teaching 2018–2019
[Sabrina Goldberg](#), Fulbright Distinguished Award in Teaching 2018–2019
- 13:15-13:30 Inclusion Strategies of Evidence-Based Practices with Moderate/Severe Disabilities (Autism)**
[Robyn Young](#), Fulbright Distinguished Award in Teaching 2018–2019
- 13:30-13:35 Fulbright Finland Announcement about Opportunities for Students, Teachers and Faculty**
[Karoliina Kokko](#), Senior Program Manager, Fulbright Finland Foundation
- 13:35-14:00 Coffee Break**
- 14:00-14:45 Panel Discussion: Bridging Global Perspectives to Design More Equitable Communities**
[Jane Weiss](#), Fulbright Distinguished Award in Teaching 2018–2019
[Julia Miller](#), U.S. Fulbright Fellow 2018–2019
[Michelle Paterick](#), Fulbright–University of Turku Graduate Award 2018–2019
- 14:45 Break**
- 14:50 Inari Ahokas will Guide You to K108 Faculty Room
- 15:00-15:45 Introduction to Finnish Teacher Education at the University of Helsinki**
 Venue: K 108 Faculty Room
[Arto Kallioniemi](#), Vice Dean, Faculty of Educational Sciences, University of Helsinki
- 16:00 Walk to the University of Helsinki Main Building
- 16:30-18:15 Reception Hosted by the University of Helsinki on the Occasion of the 2019 Fulbright Forum: Education, Innovation, Science and Art**
 Venue: Helsinki University, Main Building, Teacher’s Lounge
 Address: Unioninkatu 34, Helsinki
 Host:
[Arto Kallioniemi](#), Vice Dean, Faculty of Educational Sciences, University of Helsinki

TUESDAY MARCH 12

8:20 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby

8:30 Bus Departs for University of Helsinki Teacher Training School in Viikki
Address: Kevätkatu 2, Helsinki

9:00-11:00 Visit to University of Helsinki Teacher Training School in Viikki

Presentation: Broad Based Pedagogical Leadership

Host:

Tapio Lahtero, Ph.D. Title of Docent, Administrative Principal,
Helsinki University Teacher Training Schools

11:10 Bus Departs for Mercuria Business College

11:45 Visit to Mercuria Business College

Address: Martinlaaksontie 36, Vantaa

Hosts:

Tarja Mykrä, Director of Development, Mercuria Business College;
Fulbright Distinguished Award in Teaching 2015-2016

Markus Oedewald, eCampus Manager, Mercuria Business College

Jarno Westerholm, Deputy Principal, Mercuria Business College

11:45-12:30 Finnish School Lunch



12:30-13:20 Introduction to Vocational Education in Finland through a Site Visit to Mercuria Business College

13:20 Bus Departs with Group A for Lumo Upper Secondary School

14:00-16:00 School Visits to Lumo Upper Secondary, Martinlaakso Upper Secondary School, or Mercuria Business College

The participants will be divided into three groups based on their interests for the following school visits:

Group A: Lumo Upper Secondary School

Address: Urpiaisentie 14, Vantaa

Host:

[Marianna Sydänmaanlakka](#), Principal, Lumo Upper Secondary School;
Fulbright Distinguished Award in Teaching 2012-2013

Group B: Martinlaakso Upper Secondary School

Address: Martinlaaksontie 36, Vantaa

Hosts:

[Salme Sulander](#), Principal, Martinlaakso Upper Secondary School
[Taru Pohtola](#), English Teacher, Martinlaakso Upper Secondary School;
Fulbright Distinguished Award in Teaching 2015-2016

Group C: The Mercuria Business College

Address: Martinlaaksontie 36, Vantaa

16:00 Bus Departs for Helsinki

Free Evening



WEDNESDAY MARCH 13

Check out and store luggage at the hotel

8:40 Inari Ahokas will meet you in the hotel lobby

8:50 Bus Departs for Oodi Central Library
Address: Töölönlahdenkatu 4, Helsinki
Venue: Maijansali



FULBRIGHT SEMINAR - TRUTH MATTERS: STRATEGIES FOR COMBATING MANIPULATED REALITIES

9:30 Welcome Remarks

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Keynote Speech: Understanding Visual Mis- and Disinformation

Farida Vis, Director, Visual Social Media Lab; Professor of Digital Media, Manchester School of Art

10:45-12:15 Panel Discussion: “Manipulated Realities - Threat to Our Democracy?”

Moderator:

Mari K. Niemi, Director, Innovation and Entrepreneurship InnoLab, University of Vaasa; Docent in Contemporary History, specializing in Political Communication

Panelists:

Päivi Anttikoski, Director General, Government Communications, Prime Minister's Office, Finland

Jarno Linnéll, Professor of Cybersecurity at Aalto University, Adjunct Professor at the National Defence University, University of Jyväskylä and Tampere University of Technology

Barbara McCormack, Vice President of Education, Freedom Institute, Newseum, Washington, D.C.

Mikko Salo, Faktabaari (FactBar) Co-Founder; Member of the European Commission's High-Level Group on Fake News and Online Disinformation

Olli Seuri, Journalist, YLE - the Finnish Broadcasting Company; Journalist of the Year 2018

12:15 Inari Ahokas will guide you to Musiikkitalo for lunch

12:15-13:30 Lunch at Musiikkitalo

Venue: Päälämpiö. Address: Mannerheimintie 13 A, Helsinki

13:30-15:20 Parallel Workshops

Workshop 1: Judging Fact from Fiction and Everything in Between

Venue: Maijansali

Barbara McCormack, Vice President of Education, Freedom Forum Institute, Newseum, Washington, D.C.

- Review Definition of Freedom of Press and Explain how it Functions in Today's Society
- Discuss Rights/Law from Ethics/Responsibilities
- Analyze Print, Television and Online Media for Accuracy, Fairness and Clarity
- Review Different Sources of News and Information and How the Source can Influence the Content
- Discuss the Current and Possible Future Trends in Media Environment

Workshop 2: Faktabaari EDU Toolkit - Fact-checking for Educators and Future Voters

Venue: Kuutio

Mikko Salo, Faktabaari (FactBar) Co-Founder; Member of the European Commission's High-Level Group on Fake News and Online Disinformation

Kari Kivinen, Head of the Lycée franco-finlandais d'Helsinki

15:20 Workshop Ends



15:30 RECEPTION in Honor of the Speakers of the Seminar Truth Matters: Strategies for Combating Manipulated Realities, and Fulbright Grantees and Alumni from the Nordic and Baltic Countries and the United States Participating in the Fulbright Finland Foundation's Nordic-Baltic Initiative

Venue: Musiikkitalo, Terrassilämpö

17:30 Bus Departs for Jyväskylä
Arrival around 21:00

Original Sokos Hotel Alexandra

Address: Hannikaisenkatu 35, Jyväskylä

Tel. +358 20 1234 640

Breakfast is included and served on Mon-Fri: 6:30-10:00

THURSDAY MARCH 14

9:00 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby for departures to school visits

10:00-14:00 How Do Finnish School Administrators Really Spend Their Days?

- Experience a Day Job-Shadowing Finnish School Administrators
- Learn About Education Services in the City of Jyväskylä (K-9)
- Explore School Leadership within Jyväskylä Educational Consortium Gradia
- Enjoy Finnish School Lunch

Location 1: Jyskä Primary School, Grades 1-6

Address: Vaajakoskentie 111, Jyskä

Host: **Risto Rönnerberg**, Principal, Jyskä Primary School

Visitor: **Michele Miller**, Principal, Steamboat Springs School District, CO

Location 2: Kilpinen Comprehensive School, Grades 1-9

Address: Honkaharjuntie 6, Jyväskylä

Host: **Johnny Kotro**, Principal, Kilpinen Comprehensive School

Visitor: **Vanessa Jones**, Education Director, Greater Brunswick Charter School, NJ

Location 3: Tikkakoski Comprehensive School, Grades 1-9

Address: Koulukatu 10, Tikkakoski

Hosts: **Harri Penttinen**, Principal, Tikkakoski Comprehensive School, Grades 1-9

Paula Jokinen, Vice Principal, Tikkakoski Comprehensive School, Grades 7-9

Visitors: **Jason Clinkscale**, Principal, Berkshire Middle School, MI

Sharada Deaton, Principal, Wright Middle School, Nashville, TN

Douglas Wehner, Assistant Principal, Wydown Middle School, St. Louis, MO

Location 4: City of Jyväskylä, Educational Services and Tikan koulu School

Address: Kilpisenkatu 1, Jyväskylä and Toritie 22, Jyväskylä

Hosts: **Pia Bärlund**, Service Manager, City of Jyväskylä, Education Services

Juhana Autio, Principal, Tikka School, Grades 1-6

Visitors: **Mary Butler**, Assistant Superintendent, Stonington Public Schools, CT

Judith Dauman, Director Strategic Support and Innovation, Aurora Public Schools, CO

Location 5A: Schildt Upper Secondary School

Address: Viitaniementie 1B, Jyväskylä

Meeting place: downstairs lobby

Hosts: **Maarit Mertaniemi**, Vice Principal
Seppo Haavisto, Acting Principal, Schildt Upper Secondary School

Visitor: **Clark Tenney**, Assistant Principal, Prescott High School, AZ

Location 5B: Gradia General Upper Secondary Schools & Jyväskylä Upper Secondary School for Adults

Address: Schildt Upper Secondary School, Viitaniementie 1B, Jyväskylä

Meeting place: downstairs lobby

Host: **Antero Hietamäki**, Director of General Upper Secondary Education, Jyväskylä Educational Consortium Gradia; Principal, Jyväskylä Upper Secondary School for Adults
Visitor: **Melissa Jacobs Thibaut**, Principal, Houston Academy for International Studies, TX

Location 6: Jyväskylän Lyseo Upper Secondary School

Address: Sepänkatu 3, Jyväskylä

Hosts: **Osmo Polas**, Principal

Juhani Takkinen, Vice Principal, Jyväskylän Lyseo Upper Secondary School

Visitor: **Christopher Huff**, High School Principal, Waverly Community Schools, Mason, MI

15:30-17:00 Reflecting on Current Educational Leadership Practices and Themes in Finland and the U.S.

Venue: University of Jyväskylä, Seminarium Hall

Address: Seminaarinkatu 15, Jyväskylä

Host and moderator: **Mika Risku**, Head of The Institute of Educational Leadership, University of Jyväskylä

Participants include school administrators from Jyväskylä, as well as students and faculty members from the University of Jyväskylä.

17:00-18:00 Fulbright Leaders for Global Schools Award Ceremony

Venue: University of Jyväskylä, Seminarium Hall

Remarks:

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Elizabeth Devlin-Foltz, Senior Program Officer, Coach, Teacher Exchange Branch, Bureau of Educational and Cultural Affairs, U.S. Department of State

19:00 Dinner at Jyväskylän Vanha Asemaravintola Restaurant

Address: Hannikaisenkatu 18, Jyväskylä

FRIDAY MARCH 15

Check out from the hotel

8:40 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby

8:45 Departure for the Railway Station
Train S95 to Tikkurila, Vantaa (depart 9:11 - arrive 12:39)

13:00 Lunch at Heureka Science Restaurant

Address: Tiedepuisto 1, Vantaa

14:00-14:40 Heureka as a Learning Environment

Jutta Kujasalo, Head of Learning and Events,
Finnish Science Centre Heureka

14:40-15:00 Program Wrap-Up and Evaluations

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

15:00-17:00 Time to Tour the Exhibitions at the Finnish Science Centre Heureka

17:00 Bus Departs for Break Sokos Hotel Flamingo

Break Sokos Hotel Flamingo

Address: Tasetie 8, Vantaa

Tel. +358 20 1234 600

Breakfast is included and served 7:00-11:00

18:00 Farewell Dinner at La Famiglia Restaurant

Address: Tasetie 8, Vantaa

SATURDAY MARCH 16

Departures from Helsinki Airport, which is located 2.1 miles from the hotel



FULBRIGHT FINLAND FOUNDATION

Together Shaping the Future

THE FULBRIGHT FINLAND FOUNDATION is an independent not-for-profit based in Helsinki, Finland. With the purpose of promoting a wider exchange of knowledge and professional talents through educational contacts between Finland and the United States, the Foundation collaborates with a range of government, foundation, university and corporate partners on both sides of the Atlantic to design and manage study and research scholarships, leadership development programs and internationalization services.

IN 2018, the Fulbright Finland Foundation awarded over EUR 1,33 million in grants to 87 Finnish and American researchers, students, and professionals. Additionally, Fulbright Finland responded to over 5,300 client contacts and organized or participated in over 70 training events around Finland.

FULBRIGHT FINLAND SUPPORTS the internationalization of education and research in Finland, and helps U.S. and Finnish institutions create linkages. The Foundation organizes themed study tours for Finnish education experts to the United States and for American education experts to Finland. The Foundation also runs the highly popular Fulbright Speaker Program, the Fulbright Dialogues series, and the Transatlantic Roundtables, as well as organizes several national Fulbright Seminars every year.

THE FOUNDATION IS FUNDED by the Finnish Ministry of Education and Culture, the U.S. Department of State, the Finland-America Educational Trust Fund, private foundations, Finnish and U.S. higher education institutions, alumni of the Fulbright Finland programs, and private donors. Over 70% of the Foundation's core funding originates from Finland, and advancement, fundraising and sponsored grants are a central part of the operation. A key strength of the Foundation is the consistent strategic engagement of the alumni.

OVER 5,500 FINNS AND AMERICANS have received a grant from the Finnish-American program since its inception in 1949 and the Fulbright Finland Foundation runs an active and rapidly growing alumni network in both countries.

THE BOARD OF DIRECTORS of the Fulbright Finland Foundation consists of eight members appointed by the Finnish Ministry of Education and the U.S. Embassy in Finland. The U.S. Ambassador to Finland serves as the Honorary Chair of the Board. The Foundation office is located in Helsinki. The Foundation is managed by the CEO together with eight staff members.

THE YEAR 2019 marks the 70th anniversary of the Foundation and the 100th anniversary of the diplomatic relations between Finland and the United States.

HELSINKI

HELSINKI, THE CAPITAL OF FINLAND, is the administrative center of the country and an important hub of business and culture. Called the “Daughter of the Baltic”, Helsinki is located in southern Finland on the shore of the Gulf of Finland. The population of Helsinki is about 600 000. In 2018 Helsinki was one of the fastest growing cities in Europe.

Helsinki has several public and private schools, of which 9 are international schools. There are a total of 9 higher education institutions; 4 universities and

5 universities of applied sciences (UAS). These include universities such as the University of Helsinki, Hanken University, Metropolia UAS and Haaga-Helia UAS. Helsinki is also home to one of the largest music academies in Europe, the Sibelius Academy and has one vocational education center where one can study for various professions from car repair to travel services. Some of the most prestigious high schools of Finland are located in Helsinki.

JYVÄSKYLÄ

JYVÄSKYLÄ, LOCATED IN CENTRAL FINLAND, is among the fastest growing cities in Finland. Jyväskylä is easily reachable from the capital area by car, bus, train or air. The city’s population is roughly 140 000 inhabitants. Two out of seven of the Finnish UNESCO world heritage sites are located in Jyväskylä.

Jyväskylä is famous for its university, which brings a lively campus life to the

city. The university was originally the first Finnish-speaking teacher-training school in Finland, founded in 1863. There are four high schools, two vocational schools and one university of applied sciences located in the city. The Jyväskylä-based vocational school Gradia helped open the first Finnish-International high school in the world in Qatar in 2019.



SEMINARIUM

The Seminarium in Jyväskylä is the birthplace of Finnish teacher education and where its father, Uno Cygnaeus, spoke and gave lectures.

The Seminarium was designed by Konstantin Kiseleff and construction finished in 1883. The building was designed to be the headquarters of Jyväskylä's male teacher seminar and it included teaching facilities and a ballroom. The ballroom was the biggest

celebration space in Jyväskylä between 1880 and 1900. Christmas parties were held in the ballroom and so the holiday tradition "*kuusijuhla*" spread across Finland with newly graduated teachers. Many of today's most popular Finnish Christmas songs were performed for the first time in the Seminarium.

Starting in late 1940 defense of doctoral dissertations has been organized in the Seminarium and the tradition continues to this day.

ESPOO

ESPOO IS THE SECOND LARGEST CITY IN FINLAND with the population of approximately 280 000 people. Espoo has five city centers, all of which have their own unique characteristics. In Espoo, you can enjoy Finnish nature in Nuuksio national park and visit EMMA museum of modern art.

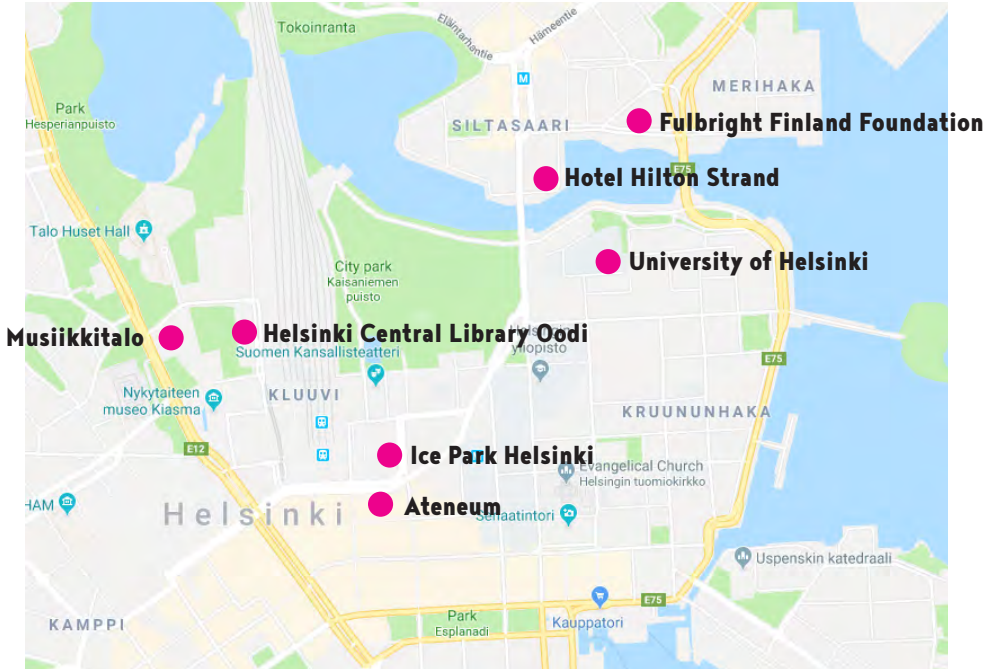
Espoo is home to Aalto University, which is a multidisciplinary community that teaches engineering, art, science and business. In Espoo learning is valued, and there are 170 early childhood education centers, 88 comprehensive schools, 16 art schools and 3 higher education institutes.

VANTAA

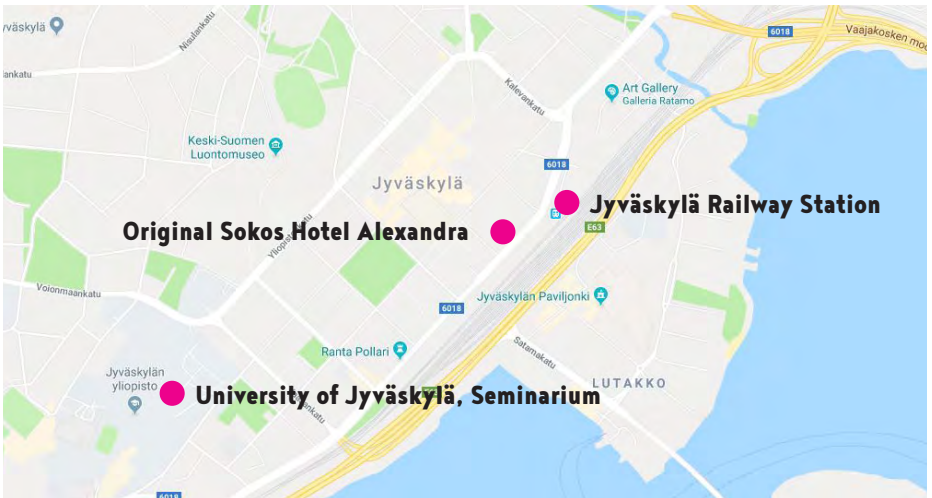
VANTAA, THE FOURTH LARGEST CITY IN FINLAND with 223 000 residents, is an international airport city, and a neighbor to Espoo and Helsinki. Vantaa is home to many different cultures and more than 100 different languages. Although Vantaa is an urban airport city, you can still enjoy the beauty of nature in the many parks and forests of Vantaa.

In Vantaa there is an international school, where comprehensive studies can be completed in English. Vantaa also organizes comprehensive education for young immigrants. Students who are not native Finnish, Swedish or Sami speakers may also receive language education in their own language. Schools in Vantaa teach approximately 30 different languages.

MAP OF HELSINKI



MAP OF JYVÄSKYLÄ



CONTACT INFORMATION

Fulbright Finland Foundation

Address: Hakaniemenranta 6

Terhi Mölsä

Chief Executive Officer

Tel: +358 50 5705 498

Mirka McIntire

Manager, Teacher Exchange
and Education Programs

Tel: +358 44 5535 269

Inari Ahokas

Program Assistant

Tel: +358 44 700 6170

Accommodation Information

Hilton Helsinki Strand

Address: John Stenbergin ranta 4, Helsinki

Tel. +358 9 39351

Original Sokos Hotel Alexandra

Address: Hannikaisenkatu 35, Jyväskylä

Tel: +358 20 1234 640

Break Sokos Hotel Flamingo

Address: Tasetie 8, Vantaa

Tel: +358 20 1234 640

Transportation

Taxi Helsinki

Tel: +358 100 0700

Taxi Jyväskylä

Tel: +358 100 6900

Taxi Vantaa

Tel: +358 100 7300

In Case of an Emergency

Central Emergency number: 112

The number is used jointly by the fire brigade, ambulance service, the police, social services and sea rescue.

U.S. Embassy in Helsinki

Tel: +358 9 161 250

If you are a U.S. citizen in distress, call the main Embassy number and select 0.

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Jyväskylän Lyseo Upper Secondary School

Kilpinen Comprehensive School

Lumo Upper Secondary School

Martinlaakso Upper Secondary School

Mercuria Business College

Schildt Upper Secondary School

Teacher Training School, University of Turku

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Fulbright Finland Foundation Team



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